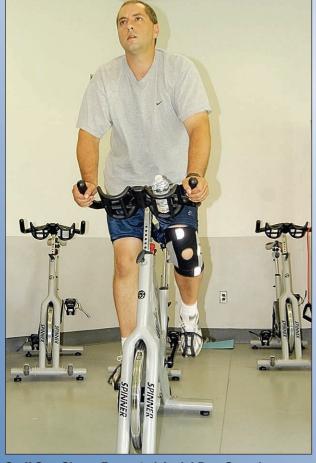
Vol. 13, No. 34

Pope Air Force Base, N.C. • www.pope.af.mil

Friday, Aug. 21, 2009

True Professionals





Staff Sgt. Shane Barry, 3rd Aerial Port Squadron, attends Spin Class at the Pope Fitness Center Monday. Sergeant Barry is the winner of Pope's Biggest Loser Contest losing 12 pounds.

Pope crowns the

Story and photo by 2nd Lt. Cammie Quinn

Staff Sgt. Shane Barry, 3rd Aerial Port Squadron, is the Biggest Loser on Pope, and both he and his wife, Jennifer, are proud to admit it.

For three months, Sergeant Barry has competed in the Biggest Loser Contest hosted by the Pope Fitness Center - and the results have been phenomenal. "I went into the gym one day for PT and saw the advertisement and figured why not – I could stand to lose some weight," Sergeant Barry said.

The program, back by popular demand, was available to all of Team Pope to include civilians and family members. It kicked off in June with more than 70 participants and ended with only 20.

To provide a guiding light for proper work out procedures and nutrition planning, the Biggest Loser Contest partnered with the Health and Wellness Center, said Tech. Sgt. Terrence Bessellieu, 43rd Force Support Squadron.

Sergeant Bessellieu was the coordinator for this year's program and attrib-

utes the program's success to the support of the HAWC as well as the numerous prizes awarded at the end of the three months. Winners of the Biggest Loser Contest received a plaque, certificate, backpack stocked full of goodies, water bottles and a token for a free smoothie. First through third place winners received a free workout with a personal trainer and a 30 minute mas-

sage session from the gym masseuse.

With a total weight loss of just over 12 pounds, Sergeant Barry said that while he started the competition at 250 pounds, he still wants to lose another 40. And he's well on his way with the help of his wife, who began to incorporate fat free foods into their household's diet. "My wife mainly does the grocery shopping, she made sure I stuck to a diet and a few months later, it's still working," said Sergeant Barry. "He has come a long way from his ice cream habit – now we're eating frozen yogurt, and watching our portion sizes," added Mrs. Barry.

But the journey wasn't always smooth sailing. "I got a knee injury after I signed up and unfortunately was put on profile," said Sergeant Barry. Luckily, he didn't let this bump in the road steer him away from getting into shape. "I spoke with Mr. Davalos [the HAWC's fitness program manager] about getting a personal workout program that I could do without breaking profile," said Sergeant Barry. "I was surprised at how effective it was and still

With the aid from the personalized workout plan and his goal of ultimately losing 40 pounds, Sergeant Barry kept his eyes on the prize. "Not only did I stick to the workout program Mr. Davalos set up for me, I also do the Spin classes," he said. He even comes in on his days off to attend an aerobics

The Biggest Loser Contest is a yearly program; however, due to its popularity and demand, it was re-instated for a second go around this year. For more information on future fitness center programs, to include an upcoming Aerobics-thon, contact Sergeant Bessilieu by calling 394-2671.

Pope's Biggest Loser is a standing testament to how rewarding the program is. "I don't intend to stop now losing almost 13 pounds is great, but I won't be satisfied until I reach my goal," Sergeant Barry said.

Pope Icon

Don't miss the excitement as Pope Icon holds its final competition tonight at 6 p.m. in the Pope Club. Pope's local version of the TV hit 'American Idol' allows members of Team Pope to show off their talent in this long-awaited competition. Come out for food and drawings, including a chance to win a flat screen TV.

The Red Cross hosts **Rock-N-Run**

The Highlands Chapter of the American Red Cross is hosting the Run for the Red and Rock the Red Concert Saturday in downtown Fayetteville. This race offers a 10k

and 5k race as well as a one-mile fun walk. The concert presents Edwin McCain and special guests, The Embers and The Breakfast Club. The registration for race participants is now closed. For more information, call Jeanne Solomon at 867-8151 or send an e-mail to R4R@highlandsarc.org. or go to www.rocknrunfest.com.

DUI tracker

DUI tracking is current as of Wednesday

Days since last DUI 11 DUIs for 200820 **AADD Saves**

This year201



For a free, anonymous ride home midnight to 6 a.m. Friday to Sunday, call Airmen Against Drunk Driving at 394-AADD.

PERSPECTIVE

Coining Pope's Finest:

Each week the 43rd Airlift Wing highlights an outstanding Airman



Col. Craig Berlette, 43rd Airlift Wing Vice Commander, presented a Commander's Coin on behalf of Col. James Johnson, 43rd Airlift Wing Commander, to Senior Airman Marvin Ellis, 3rd Aerial Port Squadron, Tuesday for his exceptional performance beyond the call of duty.

Senior Airman Ellis enlisted in the military in September 2005. After Basic Military Training and Technical School he was assigned to 3rd APS, where he is currently a Combat Readiness Technician.

He manages the

deployment requirements of 265 personnel distributed in three deployment bands, ensuring that deploying personnel are ready to execute their missions.

Senior Airman Ellis' duties require him to act as a liaison between the squadron and numerous agencies on base, as well as Air Mobility Command Headquarters.

He deployed to Incirlik AB, Turkey, in support of Operations Iraqi Freedom and Enduring Freedom from May through November 2007.

In addition to his



(Above) Col. Craig Berlette, 43rd Airlift Wing Vice Commander, presents Senior Airman Marvin Ellis, 3rd Aerial Port Squadron, a Commander's Coin on behalf of Col. James Johnson, 43rd Airlift Wing Commander, Tuesday.

(Left)Senior Airman Marvin Ellis, 3rd Aerial Port Squadron, stows away a UTC package as part of his job duties as a Combat Readiness Technician.

> to his selection as one of two members to travel to Scott AFB, Ill., to participate in the Order of the Sword ceremony.

> Finally, Senior Airman Ellis spent countless hours in preparation for the 3rd APS's recent 50th Anniversary celebration of its mascot, Jiminy Cricket, making it a memorable event for all attendees.

Senior Airman Ellis has been married to his wife, Angel, for three years and they have a son, Tyler.

He enlisted to "serve his country and provide opportunities for himself and his family."

Commander's Helpline

The Commander's Helpline is your direct link to Col. James C. Johnson, 43rd Airlift Wing Commander. If you have worked through normal channels and aren't satisfied, Helplines are an opportunity to ask questions, compliment someone or make suggestions. You must include a name and phone number for a response. Helplines of general interest will be published in the Caroli-



Remember, the most efficient way to solve a problem is to talk directly to the responsible office or follow your chain of command. You can call the Commander's Helpline at 394-4357 or e-mail to commanders.helpline@pope.af.mil.

Helpful numbers

na Flyer, others will be answered by let-

ter or phone call.

Cell Phone	
Law Enforcement Desk	
Helping Hand Hot line	
Crime Stop	394-411
Pope Clinic	394-425
Pass and Registration	394-269
Security Force	394-280
Legal Office	394-234
Chapel	394-267
Military Personnel Flight	394-227
Pope Club, collocated	497-403
TRICARE Customer Service	1-877-TRI-CAR
Civil Engineers	394-282
Inspector General	394-230
Family Support Center	394-2538
Child Development Center	394-432
Kitty Hawk Inn Dining Facility	394-437
Housing Management	394-486
Bowling Center	394-289
Fitness Center	394-267
Finance (Military Pay)	394-1410/141
AAFES Shoppette	497-818
Public Affairs	394-4183
Pope/Ft Bragg American Red Cross	396-1231/877-272-733

Without a donor, I wouldn't be here

By Tech. Sgt. **James Westdorp** U.S. Air Force Expeditionary Center

couple of months after I PCS'd to McGuire Air Force Base, N.J., I started to get sharp pains in my abdomen. Like a normal hard-headed male, I thought to myself, "No big deal, the pain will go away.'

But the pain continued to get worse, and after 10 days I finally broke down and swallowed my pride. I went to the base clinic, and the doctor ordered an X-ray. The X-ray didn't reveal anything out of the norm, so the doctor referred me off-base for an MRI. It was a Friday and my appointment was the following week.

Over the weekend, the pain became so unbearable, I went to the emergency room. The ER personnel did a complete blood count along with other tests. When my results came back, I overheard a nurse say, "Oh my God!"

I immediately knew something was

I asked her why she said that and she said it was best that my doctor talked to me. Now I thought, "I'm in real trouble." The doctor came in and said my white cells were in the 90 thousands (normal range is 4,500-10,000 per microliter) and I probably have some kind of leukemia or lymphoma. He said I would be admitted to the hospital, and then he left the room. Just like that!

That was a rough night. I didn't

n the end, it was a lot of praying, social support, a fighting spirit and the selflessness of my bone marrow donor that made the difference in my survival.

regular duties, Senior

alternate Unit Fitness

Program Manager, which

boasts a 91 percent pass

He also conducts

remedial physical training

for individuals who do not

As a member of the

Pope Honor Guard, he led the rifle detail during the

honoring its fallen warrior,

performance while serving

with the Honor Guard led

Wing's memorial service

Senior Airman Ashton

His excellent

Goodman.

classes, five days a week,

meet fitness standards.

Airman Ellis is the

know what was going on and I thought I would be dead soon. The next day, my oncologist came in early in the morning. I was still awake from the previous night. He explained what he knew about my health and said he wanted to conduct more tests. I had no idea how much my life was going to change.

One of the tests included a procedure called a bone marrow aspiration, which involves a needle inserted into your pelvic bone to extract bone marrow. After the results came back, the oncologist informed me that I was in the blast phase of chronic myelogenous leukemia - the last and most dangerous phase of this type of cancer. A bone marrow transplant was the only option I had to

My oncologist referred me to a doctor at the University of Pennsylvania. In order to safe my life, the doctors there needed to find a quality match for me on the bone marrow registry. If they did not find a quality match, I was told I would not live past September 2006.

Finally, after four months of waiting, I received good news that they found a match for me. I was happy for about a minute. There were

still a lot of things to do before I was able to receive a transplant. I had to receive an "aggressive" amount of chemo, which the doctors told me was like "detonating an atomic bomb" inside of me, as well as full body irradiation. The day I received my transplant, the nurses brought the marrow in a bag. It didn't look any different than the transfusions or platelets I had already been receiving for the month before.

A year and a half later, I started slowly coming back to life. I returned to work and earned a promotion. I have completed my associate's degree in transportation, and I am enrolled in my sixth class toward a bachelor's degree. I also try to help others who are currently dealing with the same thing I went through.

In the end, it was a lot of praying, social support, a fighting spirit and the selflessness of my bone marrow donor that made the difference in my survival. Although many people and factors were involved in my recovery, without a bone marrow donor I would

not be here today to tell my story. I implore you to register to be a bone marrow donor. You have a chance to save someone's life, just like someone saved mine.

Protect Your Future with AFSA!



UNSURE ABOUT TOMORROW? OUT OF TIME? NEED HELP?

ncreased deployments, force reductions, rumors about benefit cuts—these challenges are affecting our lives and driving our decisions.

Whether you're an Air Force, Air Force Reserve Command, Air National Guard, active or retired enlisted member, veteran or family member, the Air Force Sergeants Association (AFSA) is there for people Just like you.

Members of all grades, whether a first-term airman, supervisor or senior NCO are part of this dynamic professional organization that fights for your quality-of-life benefits and helps with your career development.

From fighting for more tuition assistance funding for the Montgomery GI Bill to better dormitory quality, commissary usage rights and a better retirement system, our successes on Capitol Hill are unparalleled. AFSA also provides leadership and professional development opportunities many enlisted people cannot find elsewhere. In addition, AFSA has numerous other programs and services tailored to meet your enlisted needs.

Simply stated, AFSA members gain action and Information. If you aren't part of AFSA, Join today. To learn more about Air Force Sergeants Association local chapter meetings, activities and leadership opportunities, contact:

Name

TSgt Zackery Turbyfill

AFSA 367 Chapter President

Phone

DSN: 424-2322 COMM: 394-2322

Air Force Sergeants Association 5211 Auth Road, Sultland, Maryland 20746 301-899-3500 1-800-638-0594 www.afsahq.org





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The public affairs office staff reserves the right to edit all submissions.

Visit the Carolina Flyer Web site at www.pope.af.mil.



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Story and photos by Irvin Gourdine

It's been said that respect is something earned, not given - Pope's softball team has definitely earned its respect, not just for them but for all members of Pope. It was just a year ago that no one even knew Pope had a team, but after finishing second in last year's World Series tournament and all the success they had this year coming into the tournament, Pope was the team to beat.

"When you win two tournaments in a row, the odds are against you winning three in a row," said Joe Renteria, team coach.

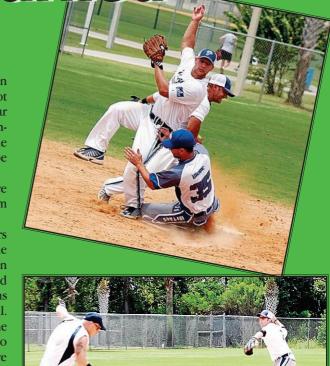
The USSSA World Series has been going on for 10 years and this was Pope's second year participating. With all the Army, Navy, Marine and other Air Force teams that had been participating for years, Team Pope walked into the World Series this year with a target on its back. The competing teams knew they had to go through Team Pope in order to win it all.

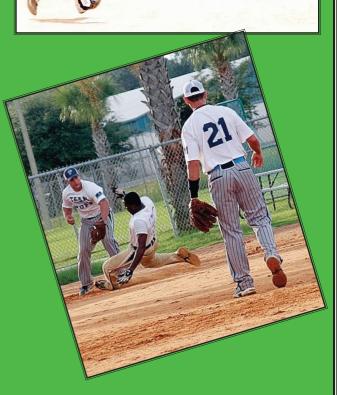
"In softball you have to win the ugly game to get over the hump," said Todd Petzel, pitcher. "It means something to have the respect of your opponent when you know they're not looking past you. To have your opponent to the point they're thankful and grateful they won is a big deal.'

The games they lost were by only one run. One team to defeat Pope was Fort Benning, an Army team loaded with talent. It was a great game to watch; two of the better teams playing against each other. The lead changed almost every inning. When Pope was at bat, their team took the lead; when Ft. Benning was at bat, they took the lead. Rain delayed the game for a few hours but once it stopped and workers were able to get the fields ready for play, the teams were back at it. This game went down to the wire. Ft. Benning held on to their one-run lead in the end sending Team Pope into the losing bracket. They didn't fair well going through the loser's bracket- every game played was tight. They all came down to one run. The opposition had to really give their all to beat

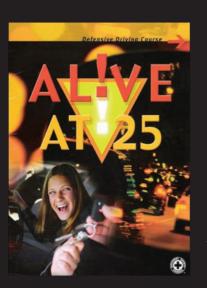
Though Team Pope was unable to finish as well as they would have liked, they earned the respect of other teams, from how well they played on the field to the way they carried themselves off the field. "I think we made a good name for Pope," said Mr. Renteria. "Not only from our ball playing but also how we act off the field and how professional we are -even when we lost, we were gracious losers.

Team Pope's manner seemed to transcend toward other teams, as some of the players were heard saying they wanted to play for Pope. That alone shows the magnitude of their effect felt across the tournament. The men who played represented more than just a softball team from Pope, but represented Pope AFB as a whole.





"ALIVE AT 25" **Course Offered**



Traffic accidents are a leading cause of death among teens and North Carolina ranks among the highest in the nation for fatal vehicle accidents. To help give teens the tools to mitigate risks they will face as young drivers, the Pope Safety Center is offering the nationally renowned Alive at 25 defensive driving course to teens on Saturday, from 9 a.m. to 1 p.m.

at the Pope Safety Center Classroom (Building 900, Suite 108). This course is open to military and family members and focuses on back-to-school teens between the ages of 14 and 19. Advance registration is required by calling the Pope Safety Center at 394-8370/8389 by Thursday. This is an exceptional program, taught by one of the nation's best instructors and often satisfies court-ordered defensive driving training. Did we mention? ... It's free! We hope that parents will take advantage of this tremendous opportunity and register their children for this free life-saving course. Give teens the tools they need to improve their ability to survive behind the wheel — register them today!



Children participate in the Missoula Children's Theater production of "Beauty Lou and the Country Beast." The production tour is based out of Missoula, Mont., and travels worldwide giving children an opportunity to become involved with the performing arts.

Pope children take center stage

Rhonda Griffin Staff writer

Pope children took center stage recently when the Missoula Children's Theater came to visit. The traveling theater production tour, based out of Missoula, Mont., visits all parts of the country and some locations overseas to get children involved with the performing arts.

Within one week's time, the play is cast, rehearsed and performed. This year's performance, "Beauty Lou and the Country Beast," was a rendition of the classic, "Beauty and the Beast." Thirty-eight Pope youth participated, taking six of the seven lead roles, said Armond Biggers, youth program director of the School Age Program.

"The two actors/directors who were working with the children probably gave us the biggest compliment we could get," Mr. Biggers said. "They said it was the best production they'd had all summer."

One budding young actor, 9-yearold Joshua Davis, son of Chief Master Sgt. Adrian Davis, 43rd Medical

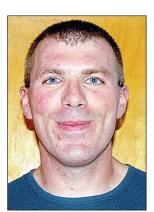
Group, and his wife, Tonya, was a shining star on the stage, being told by the performers with the theater that he was "born to be an actor," Mr. Biggers added.

Pope was fortunate to be included in the Missoula Children's Theater tour again this year, with all of the children working hard to make this the "best performance here at Pope in some time," said Mr. Biggers.

With so much young talent mingled into one production, the 143 families in attendance were treated to a performance to be remembered. Aug. 21, 2009 CAROLINA FLYER

Pope talks By 2nd Lt. Cammie Quinn Editor

What is your favorite thing about being stationed at Pope?



"The people I work with – they're amazing and they really know how to take care of the mission."

1st Lt. Josh Meyer 3rd Aerial Port Squadron



"The best part is how close we are to the beach."

Staff Sgt.

Matthew Krizmanich

43rd Force
Support Squadron



"I like that it's centrally located – there's the beach on one side and mountains on the other."

Heather Patterson Fitness Center



"The downtown area"

Senior Airman Dustin Huggins 43rd FSS

Pope legal matters from April through June

Article 15s: The following is a summary of non-judicial punishments given by commanders under Article 15 of the Uniform Code of Military Justice during the second quarter (April to June).

The punishments are determined based on the individual facts and circumstances of each case.

A suspended punishment occurs when a commander delays imposing all or any portion of a punishment.

This provides both an observation period and an incentive for good behavior as the suspended punishment can be imposed at a later date if the member's misconduct contin-

April

A senior airman from the 3rd Aerial Port Squadron received an Article 15 for failure to go and for making a false official statement. The punishment included a reduction to the grade of E-3 (airman 1st class), suspended forfeiture of \$929 pay and a reprinand.

An airman 1st class from 43rd Logistics Readiness Squadron received an Article 15 for dereliction of duty. The punishment included a suspended reduction to the grade of E-2 (airman), 30 days extra duty and a reprimand.

May

A technical sergeant from

the 10th Combat Weather Squadron received an Article 15 for wrongful use of marijuana. The punishment included forfeiture of \$710 pay and reprimand. An airman first class from

An airman first class from 43rd Force Support Squadron received an Article 15 for two specifications of failure to obey a lawful order and dereliction of duty. The punishment included reduction to the grade of E-2 (airman), 10 days extra duty and a reprimand. **June**

A staff sergeant from 43rd Aeromedical Evacuation Squadron received an Article 15 for two specifications of failure to go. The punishment included a suspended reduction to the grade of E-4 (senior airman), forfeiture of \$1,109 pay per month for two months and a reprimand.

Courts-Martial: The following is a summary of courts-martial convened for the second quarter.

Under the Uniformed Code of Military Justice, the accused has the right to choose whether a panel of officers (an enlisted accused can request at least one-third of the panel be enlisted) or a military judge will determine whether or not he is guilty, and if guilty, what the appropriate punishment would be.

Staff Sgt. Aubrey Burroughs, 21st Special Tactics Squadron, was tried, convicted and sentenced by a Summary Court-Martial May 5. He was charged with absence without leave for three days. Sergeant Burroughs elected to be tried by a Summary Court-Martial and pled guilty to AWOL. The Summary Court-Martial Officer sentenced Sergeant Burroughs to restriction to Pope or any TDY location for 60 days. The convening authority approved 30 days restriction. Capt. James Dorman, Pope, represented Sergeant Burroughs. Capt. Matthew Bush, Pope, represented the government.

Staff Sgt. Michael Kane, 43rd Security Forces Squadron, was tried, convicted and sentenced by a Special Court-Martial April 7. He was charged with wrongful use of marijuana. On Oct. 9, 2008, during a random urinalysis, Sergeant Kane tested positive for THC. He also tested positive for THC on Nov. 3, 2008, Dec. 2, 2008 and Jan. 9. Sergeant Kane elected to be tried by a military judge alone and pled guilty to wrongful use of marijuana. The military judge sentenced him to reduction in grade to E-2 (airman), confinement for 30 days and a Bad Conduct Discharge. Capt. Andrew Unsicker, Wright-Patterson AFB, Ohio, represented Sergeant Kane. Captain Bush, Pope, represented the government. Lt. Col. Terry O'Brien, Pope, was the military judge.

Airman 1st Class Coe Terry, 3rd Aerial Port Squadron, was tried, convicted and sentenced by a Summary Court-Martial on June 4. Airman Terry was charged with one specification of wrongful use of marijuana and two specifications of failure to go. On March 2, during a unit sweep, Airman Terry tested positive for THC. On April 2, Airman Terry failed to go to the Training Flight Building at the time prescribed and on April 3, Airman Terry failed to go to the Pope Fitness Center at the time prescribed. Airman Terry elected to be tried by a Special Court-Martial and pled guilty to all charges and specifications. The Special Court-Martial Officer sentenced Airman Terry to a forfeiture of \$933 pay, reduction in grade to E-1 (airman basic), restriction to Pope or any TDY location for 60 days, hard labor without confinement for 45 days, and a reprimand. Captain Dorman, Pope, represented Airman Terry. Captain Bush, Pope, represented the government.

Airman 1st Class Matthew

Young, 2nd Airlift Squadron, was tried, convicted and sentenced by a General Court-Martial May 12. Airman Young was charged with three specifications of wrongful use of controlled substances, four specifications of wrongful possession of controlled substances and one specification of larceny. On Aug. 22, 2008, a silver case was found on a Fort Bragg training field. Inside the case Air Force Office of Special Investigations found two laptops from Maintenance 43rd Squadron, five bags they believe contained 16 grams of cocaine, one vial of crystal methamphetamine, one vial of methamphetamine, two pills of ecstasy, 10 pills of Percocet, five grams of marijua-

na, 10 grams of a pale blue powdery substance, and a Battle Dress Uniform blouse top with Airman Young's name on it. His residence was within walking distance of where the case was discovered. Upon interview by OSI. he admitted to ownership of the case and consented to the search of his room, his vehicle, his blood and his urine. He confessed to pre-Air Force heroin use and methamphetamine, ecstasy and cocaine use while on active duty status. He also confessed to stealing the two laptops found in the case as well as a desktop computer found in his room from his unit. Airman Young elected to be tried by military judge alone and pled guilty to all charges and specifications. The military judge sentenced Airman Young to reduction in grade to E-1 (airman basic), confinement for 11 months and a Bad Conduct Discharge. Capt. Sherri Ohr, Seymour Johnson AFB, N.C., represented Airman Young. Captain Bush, Pope, represented the government. Col. Steven Woody, Pope, was the military

judge.
(Courtesy of the 43d Airlift Wing Legal Office)

News

Editor's note: To maintain the newsworthiness and timeliness of the Carolina Flyer, *briefs will run* for a maximum of four weeks or until the event occurs, whichever comes first. If there's a need to extend the publication of the brief, call the editor at 394-1723.

■ MPS On-line **Appointments:** The MPS has launched a new process allowing Active Duty members to schedule an appointment on-line for themselves and their family to have ID cards issued/reissued. The program is accessible from Pope's main page on the EIM site. Click on the link named "Virtual ID Card Reservation System." There are instructions on the page to help with the process. Additionally, added links are on the site with FAOs and other information. For questions or concerns, call

MPS at 394-4772. Bowling Leagues: Pope is starting intramural bowling leagues in September. The league scheduled to begin Sept. 15 and

day at 5:30 p.m. A unit team consists of four bowlers and allows additional members on the team's roster. A unit may also have more than one team. The weekly bowling cost is \$6 per bowler plus the amount agreed on by the members for a prize fund. For more information, call the Bowling Cen-

ter at 394-2891. ■ The Pope Olympics: The Pope Olympics is Sept. 17 from 6:30 a.m. to 4:30 p.m., beginning with the Torch Run. All personnel interested participating must complete an entry form and return it to the Fitness Center or send it back via e-mail by Sept. 1. Individuals who are interested in volunteering should call the Fitness Cen-

ter at 394-2671. **■** Sisters in Spirit, Sisters in Service: The Military Council of Catholic Women has a new study, 'Courageous Virtue' by Stacey Mitch, starting Thursday. The council meets each Thursday the Main Post Chapel Annex on Ft.

Childcare is available if needed. For more information in this chance to socialize, pray and support each other and the community, call Aly Tugaoen at 717-7097.

■ PSA Social: The Pope Spouses' Association is having an Island Getaway Bunco social Sept. 8 at 6:30 p.m. at the Pope Picerne Neighborhood Center, located on 51 Skytrain Drive. The PSA is a combined group of enlisted and officer spouses of active duty, reserve, retiree and civilian members of Team Pope. For more information, call Stacie

Biancardi at 339-3000. ■ Job Fair: The Army Career and Alumni Program is hosting a job fair Sept. 30 from 9 a.m. to 2 p.m. at the Fort Bragg Officers Club. The job fair offers opportunities government agencies, healthcare professionals, intelligence careers, aviation careers, federal

contractors, information technology, security agencies, law enforcement, human resources, retail/financial services and more. The job fair is open to anyone who has access to Fort Bragg. There is no pre-registration. For more information go www.acap.army.mil or call 396-ACAP.

■ Air Force Ball: Pope is hosting a ball Sept. 19 to celebrate the Air Force's 62nd year of existence with the theme: "Celebrating the Past and Serving the Future." The evening features the entertaining vocals of Fort Bragg's 82nd Airborne Chorus. Dress code for the event will be mess dress uniform or semi-formal dress. Everyone on base has the opportunity to attend. Volunteers are also needed to assist with ticket sales, event set up, tear down and more. Auditions will also be held for a master of ceremonies (or two if the individuals can entertain with awesome banter) and a National

Anthem singer. For more information, call Capt. Laquanis Hooker at 394-1933/2123 or send an email to Laquanis.hooker@pope.af.mil. Remember to save the date.

■ Transition Assistance Workshop: The Airman and Family Readiness Center is offering a three-day workshop Sept. 14 through 16 from 8 a.m. to 4 p.m. It's designed to assist those transitioning out of the military with how to apply their skills in the civilian sector. Topics include skills assessment, career planning, job search techniques, resume preparation, interview techniques and applying for VA benefits. This workshop is a joint effort between the DoD, Department of Labor and the Department of Veteran's Affairs. This free workshop is recommended at least 180 days prior to leaving the military. Individuals must attend the mandatory 90minute, pre-separation briefing prior to registering for this workshop. To register, call the A&FRC at 394-2538.

2nd Lt. Justin Schultz, 43rd Civil Engineer Squadron, won the weekly \$100 cash prize for the week of Aug. 21. Be sure to play Match-Up for a chance to win cash and prizes.

Play 9999-2009-999 with another Match Up game piece for a free chance to win.

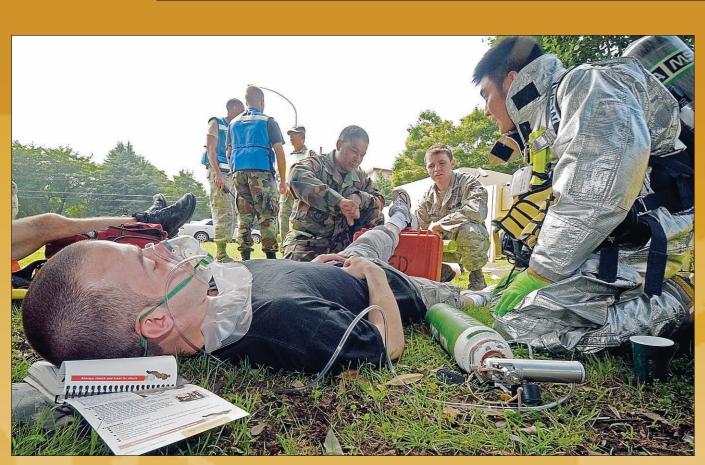
Register your Match Up game pieces and help Pope win the AMC Match Up race. You could win up to \$10,000. Get game pieces from squadron first sergeants or any 43rd Force Support Squadron facility. Remember to register your family members, because Pope wins by total number of registered players.

For more details, go to www.amcmatchup.com



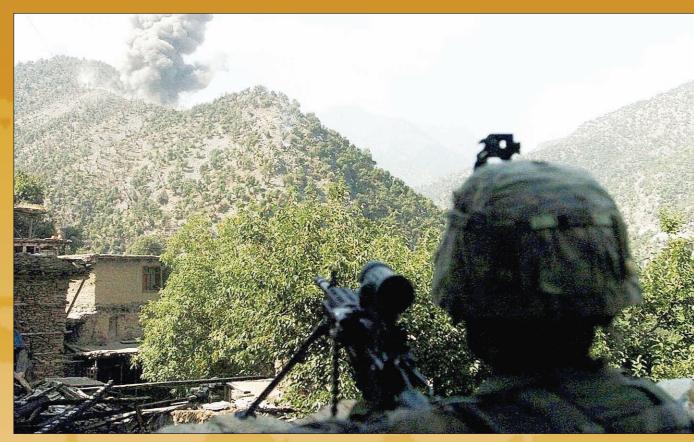
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Around the Air Force



YOKOTA AIR BASE, Japan

Airman 1st Class Brandon Lee, 36th Airlift Squadron loadmaster, receives Self Aid Buddy Care for simulated third-degree burns during exercise Beverly-Morning 09-06 Aug. 11. Yokota is conducting a phase I and II exercise Aug. 11 through 14 to maintain operational readiness and to prepare for an upcoming operational readiness inspection.



KUNAR PROVINCE, Afghanistan

A U.S. Army Soldier watches as U.S. Air Force F-15 Fighter Jets destroy insurgent positions with a bomb, after a 20 minute gun battle in Kunar province Afghanistan's Korengal Valley, Aug. 13. U.S. Service members from Company B, 2nd Battalion, 12th Infantry Regiment, 4th Brigade Combat Team, 4th Infantry Division, routinely engage insurgents in the volatile valley. International Security Assistance Forces across Afghanistan have increased operations in recent months, in order to ensure safety and security during Afghanistan's second national election, scheduled for the end of

Southwest Asia

737th Expeditionary Airlift Squadron C-130 Hercules run engines on the golf parking ramp prior to mission departure at an undisclosed location in Southwest Asia August 12. The aircraft are deployed from the 374th Airlift Wing, Yokota Air Base, Japan.



BAGRAM AIRFIELD, Afghanistan

Against the backdrop of mountains in Afghanistan, two soldiers from Combined Joint Task Force-82 provide security for the 755th Air Expeditionary Group's Explosive Ordinance Disposal flight. The EOD technicians disposed of more than 260 pounds of explosives on Aug. 2.



SPANGDAHLEM AIR BASE,

Germany

Staff Sgt. Louis Dymon, 52nd Equipment Maintenance Squadron, drinks from his canteen during simulated increased chemical threat conditions Aug. 6 at Spangdahlem Air Base, Germany. Some members of the 52nd Fighter Wing were required to work while wearing protective chemical gear during the wing's exercise from Aug. 4 to 7.



BAGRAM AIRFIELD, Afghanistan

Baiky, a military working dog, gnaws on a training sleeve Aug. 7. Baiky is deployed with his handler, Staff Sgt. Chris Reynolds, from Vandenberg Air Force Base, Calif. He and his dog patrol the base and inspect mail, luggage, and vehicles for narcotics.

Around the Air Force

Do you have any deployed photos? The 43rd Airlift Wing Public Affairs wants anyone with deployed photos of themselves or anyone else stationed at Pope to add to the new Around the Air Force section of the Carolina Flyer. You can submit your photo to the Carolina Flyer at carolina.flyer@pope.af.mil or by calling 394-4185.

Aug. 21, 2009 CAROLINA FLYER

Scott officer awarded Bronze Star for leadership and bravery

By Christi Spargur

375th Airlift Wing Public Affairs

8/13/2009 - SCOTT AIR FORCE BASE, Ill. — Capt. Mike Lee, a 375th Logistics Readiness Squadron officer who recently returned from a year-long deployment in Afghanistan, was awarded the Bronze Star and Combat Action Medal Aug. 11 for courage under fire.

His assignment there included training Afghans on combat logistics. Because he is a logistician and due to a shortage of escorts, he moved with the supplies in 125 convoys, most of which came under numerous attacks.

The worst of these attacks occurred Oct. 10, 2008, in Afghanistan's Tangi Valley.

"There were visible IEDs [improvised explosive devices] south of us blocking the road and there were more IEDs to the north," said Captain Lee. "This meant our convoy had to go through the Tangi Valley.

"It's weird because the Tangi Valley is one of the most beautiful places I've ever seen. There's a stream that runs alongside the road. There are green pastures all around, grazing cows, and a hill or a small mountain on the left side."

The Tangi Valley, though, is also known for deadly ambushes. About every 200 or 300 yards, there are IEDs.

"We just lost six people there about three months before when a vehicle was completely obliterated. It's like Eden in the middle of hell," he said.

On this particular ambush in October, the convoy first met with small arms

.
"Then, we started to hear

mortars," he said. "Three mortars were aimed at us but hit a wall behind us – boom, boom, boom. We followed our TTPs, [techniques, tactics, and procedures] and continued driving another 1,000 yards out of the kill zone. At this point, the road was blocked by a dump truck. We had to stop ... and clear the choke point."

As soon as they got out, the men were fired on from a Daskha machine gun [a Soviet version of the heavy machine gun], AK-47s, and PKMs [light machine guns] pinning the group down. They took cover by the walls of nearby adobe homes and returned fire, while the gunners on the vehicles provided suppressive fire.

Captain Lee, along with two others, cleared the dump truck and rendered it safe. After about a 25 minute fire fight, the enemy broke contact and the group returned to their vehicles moving the convoy forward another 1,000 yards.

"At the 1,000 yard mark by our books, we are supposed to stop, regroup, and make sure everyone is OK," said Captain Lee. "The enemy knows this. At the 1,000 yard mark when we started to stop, two RPGs hit the front vehicle, two RPGs hit the last vehicle, and one hit the middle vehicle. There was also more small arms fire, so we used our vehicle gunners to push them back and keep the convoy moving."

Another 1,000 yards down the road, the group hit an IED between the first and second vehicles of the convoy. The IED was buried too deeply so the group recov-

"Since it was so deep, it just hit us with concrete



Capt. Michael Lee, from the 375th Logistics Readiness Squadron at Scott Air Force Base, III., was awarded the Bronze Star Medal from Col. Gary Goldstone, 375th Airlift Wing commander, Aug. 11. Captain Lee also received the Combat Action Medal for his service during his one-year deployment to Afghanistan in support of Operation Enduring Freedom. He was the convoy leader for 125 convoys, covering 7,500 miles, which sustained numerous major attacks.

shrapnel," he said. "However, the front and side of the lead vehicle was damaged badly and its communication equipment was destroyed."

The convoy continued to move forward under continued fire.

"We couldn't stop. I was in the convoy's second vehicle. It was a serpentine road, and I could only see the vehicle in front of me. I couldn't see the other four vehicles behind me. The small arms fire took out most of the communication boxes, so we couldn't talk with the lead vehicle or the vehicles in the rear."

The convoy pressed slowly forward out of the valley through intense RPG fire into safety. In all, the convoy was hit with at least seven RPGs, three mortars, three 50-caliber machine guns, and a variety of small arms fire.

"It was 30 minutes of a running gun battle," said Captain Lee. "It was the granddaddy of complex ambushes because you had dismounts, indirect fire, RPGs and IEDs. That's everything they can throw at you."

The convoy's lead vehicle was heavily damaged. It had no rear wheel and no armor remaining on the right side. Two of the five-ton trucks had numerous holes and one had taken two RPG rounds. The convoy's other vehicles were also damaged. The group's servicemen, including five other Air

Force, Navy and Army counterparts, fortunately, only sustained minor injuries.

"I actually think it's karma," said Captain Lee. "On Oct. 2, we were in a convoy in Kabul. I was the lead gunner when a vehicle passed by our convoy. It struck the second vehicle in our convoy in what was a failed 'vehicle-born IED.' The vehicles didn't blow up, but it hit our middle vehicle hard enough causing it to roll over and kill the driver.

"We lost one of our guys even though we did everything right that day. Eight days later, while technically the ambush was set up beautifully and all of us should have been killed or wounded, no one was. I think God was giving it back to us."

While the Bronze Star recognizes Captain Lee for his leadership and bravery during the Oct. 10 ambush, Captain Lee gives his crew all the credit

"The guys I was with," said Captain Lee, "they're the real heroes. Some of them are on their second and third deployments doing the same thing. They're not necessarily trained for it either. There were two Navy storekeepers from ships who don't traditionally fight on land, yet, they're in the back of a convoy vehicle handling ammunitions, and returning fire on the enemy. I also had an Army and an Air Force ammunitions guy. They may know ammo, but they don't usually go slinging it down-

"These guys are doing

things outside of their career fields, but they're completely on point. When a vehicle rolls over and someone dies, they don't stop. They don't hesitate. They go right into doing what they're supposed to do.

"I've seen them put friends in body bags onto helicopters and two seconds later they do what they have to do. I wouldn't trade this experience back for anything, because the people I served with were awesome."

Col. Gary Goldstone, 375th Airlift Wing commander, who presented the medals said, "It is an honor to recognize Captain Lee for his heroic actions. He and his team were on point executing their mission orders with precision and discipline. Captain Lee has earned every bit of this recognition, and I am proud to serve with such a fine Airman and his family."

As a logistic readiness officer, it is very likely Captain Lee will deploy again. "We are deploying six months, staying home for six, and deploying for another six. I have 18 years in now so I know I'm going to get hit with at least three or four more deployments before I finish my commitment."

Twelve of those 18 years for Captain Lee were spent as an enlisted combat medic in the Army. He and his wife, Amanda, are both from O'Fallon, Ill., but live with their two daughters in Mascoutah. Captain Lee hopes to teach history at his alma mater, St. Louis University,

when he retires.

Shared weather radar ensures mission success

By Senior Airman Shane Dunaway 36th Wing Public Affairs

8/18/2009 - ANDERSEN AIR FORCE BASE, Guam (AFNS) — Two squadrons work together to secure weather data for the 36th Wing flying mission.

The 36th Communications Squadron's ground radar systems flight maintains an off-base Next Generation Weather Radar valued at more than \$3 million. The radar is used primarily by the 36th Operations Support Squadron, but also is used by the Federal Aviation Administration and the National Weather Service.

The four-person crew monitors the radar remotely to ensure functionality and makes on-site visits twice a week to run quality assurance checks on the equipment.

"If there's an issue with a part on the radar, the computer controlling the system will issue us a warning," said Tech. Sgt. Christopher Johnson, the 36th CS NCO in charge of ground radar systems. "If a part breaks or the radar goes down, we'll report to the site as a two-person team and work on the issue until it is resolved."

The repair process can take up to several hours to complete. The flight keeps a stockpile of additional parts on hand to ensure they are prepared to fix any problem at any time.

"If our single radar goes down, we are in the dark," said Capt. Stephen Moorehead, the 36th OSS weath-



PHOTO BY SENIOR AIRMAN SHANE DUN

Tech. Sgt. Christopher Johnson, 36th Communications Squadron, checks the inventory number on a component for the Next Generation Weather Radar off-base Aug. 4 in Guam. The Communication Squadron provides maintenance support for the lone weather radar on island. Sergeant Johnson is the NCO in charge of ground radar systems.

er flight commander. "The only thing we have to back that up is satellite data, but it is not as timely as radar data or not as detailed."

The teamwork between the two units doesn't stop there. Captain Moorehead praised the 36th CS Airmen for their level of flexibility in supporting the theater security package and continuous bomber presence.

"They definitely work hard," Captain Moorehead said. "One thing they're fantastic about is they'll flex their schedule to meet the operations missions. Even when they're conducting regular maintenance on (the radar) and need to take the radar (offline), they always coordinate it with us so we can de-conflict the downtime with the flying schedule. A lot of times, that has them coming in at some crazy hours of the night. They're so flexible and so willing to work around the high operations tempo of Andersen and make a real big difference in what we

615th Contingency Response Wing provides presidential support for visit

By Capt. Paradon Silpasornprasit 615th Contingency Response Wing

8/18/2009 - TRAVIS AIR FORCE BASE, Calif. — Members of the 615th Contingency Response Wing were there to smooth the way for President Barack Obama's two-day visit to Guadalajara, Mexico, for a North America summit held with leaders from Mexico and Canada Aug. 9 and 10.

When the president travels, he relies on Air Force contingency response units like the 615th CRW to bring in the equipment necessary to facilitate his stay.

For the president's trip to Mexico, the 615th brought in everything from the communications equipment the president and his staff used at their hotel to the official helicopters, Marine One and Marine Two, and the Secret Service ground transport vehicles.

Nineteen personnel from 615th

CRW returned home Aug. 14 after a two-week deployment in support of the president's visit as part of an Air Mobility Command Special Assignment Airlift Mission.

"This was the perfect mission for

the 615th," said Master Sgt. Bradley Riley, 571st Global Mobility Squadron mission team member. "We can go anywhere, anytime. When the president has to go, he has to go, and we can easily be there to support him."

The 615th deployed a cross-functional team of experts that included aerial porter, base operations, airfield operations, command post and communications professionals.

Wing personnel worked alongside Mexican airport authorities and secret service personnel to facilitate moving the equipment into the country and then downloading it, and handing it over to White House authorities.

Riley explained their mission included being the eyes and ears on the ground for airfield management. The team deployed taking a small fraction of those functions that normally exist on base along with them.

It took the rapidly-deployable wing less than a week to prepare for their mission to Mexico.

The 615th CRW is a crucial asset for presidential support missions because it has the unique capability of providing a pre-packaged team of experienced professionals who have trained together, worked together, and deployed together.

In the past, teams would have to be pooled from several units, staffed through numerous command channels, and then piecemealed together prior to deployment.

"This was a new kind of tasking for my unit, so for us it was exciting to actually go out and pool in smaller teams instead of the large package we usually go as," said Technical Sgt. Kimberley Overturf, 571st Global Mobility Squadron mission team member.

During this mission, members of the 615th had a unique opportunity to provide assistance and orientation training to Mexican airport service personnel on how the U.S. Air Force Contingency Response Units handle aircraft command and control and ramp operations, said Lt. Col Manny Canino, 571st Global Mobility Squadron, mission team chief.

The 615th CRW stands ready to provide rapid and efficient support via its deployable force of experts, bringing the military's command-in-chief the assets he needs while traveling around the globe

"Supporting the president is the highest honor we can have as transporters and logistical personnel," Riley said.

The 615th CRW's cross-functional

The 615th CRW's cross-functional teams are well trained to deploy anywhere around the globe to support airlift operations supporting critical movement of personnel and cargo.

From providing U.S. presidential support, assisting in evacuation relief efforts, and support of Operations Iraqi and Enduring Freedom, members of the 615th CRW put their talents to work around the globe.

Aug. 21, 2009 www.pope.af.mil

Tuesday - Thursday: 1 p.m. to 8 p.m.

Friday and Saturday: 9 a.m. to 5 p.m.

School Age Programs

☐ 394-2869 Monday - Friday: 6 a.m. to 5:30 p.m

Tuesday - Thursday: 11 a.m. to 8 p.m. Friday and Saturday: 9 a.m. to 5 p.m.

Auto Hobby Shop

Community Center

394-2779

POPE SERVICES-

Friday: 11 a.m. to 1 a.m.

Sunday: 11 a.m. to 7 p.m

Fitness Center

Saturday: 11 a.m. to 12 a.m.

Willow Lakes Golf Course

Tuesday and Sunday: 7:30 a.m. to 7:30 p.m.

☐ 394-2671 Monday - Friday: 5 a.m. to 11 p.m.

Saturday and Sunday: 7 a.m. to 6 p.m.

Frame and Design Arts

Monday and Tuesday: 10 a.m. to 5 p.m.

Kitty Hawk Inn

394-4377 UTA weekend Saturday and Sunday: Breakfast: 6 to 8 a.m. Lunch: 10:30 a.m to 1 p.m. Dinner: 4 to 7 p.m Monday - Friday

Breakfast: 5:30 to 7 a.m Lunch: 10:30 a.m to 1 p.m. Dinner: 4 to 7 p.m. Weekends, Holidays and downdays Brunch: 7 a.m. to noon

Habaneros' Mexican Grill

Supper: 4 to 6 p.m.

Pope chapel

315 Ethridge Street □ 394-2677

Religious services

For bible studies call the chapel

Traditional service: Sunday, 8 a.m. except

second Sundays **Contemporary serv-**

ice: Sunday, 11:30 a.m.

Protestant Combined Worship: 11:30 a.m. the second Sunday of each

month with potluck following services Sunday school (all

ages): Closed for summer and will resume Sept.

Catholic services: Sunday at 9:30 a.m. and

Daily mass: Monday

through Thursday, 11:30 a.m.

Reconciliation: Sunday from 9:00 to 9:15 a.m., 4:30 to 4:45 p.m. or by appointment.

Choir rehearsal: Monday at 7 p.m.

RCIA: Contact 394-1856 **CCD:** Closed for summer

and will resume Aug. 30 **Services offered** at Fort Bragg

Catholic service: JFK Chapel, Ardennes Street, Saturday at 5 p.m. Confessions at 4 p.m.

Muslim or Orthodox

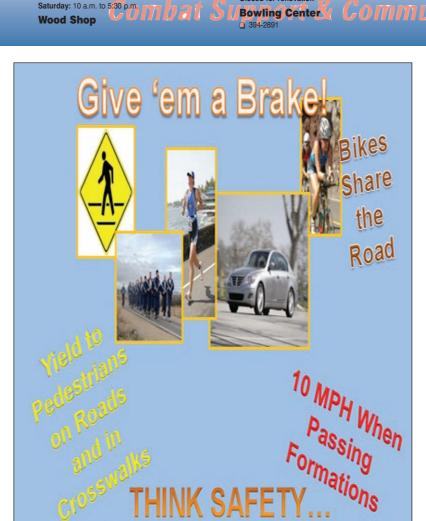
Christian services: Call the Fort Bragg Chapel at 396-1121.

Officers' Christian Fellowship: Bible study on leadership, Wednesday at 6 a.m.

Jewish services: Contact the Faith Community Chapel Bldg. D-3733

Ardennes St at 489-2094. **Wiccan ceremonies:**

The Watters Center on Fort Bragg holds an open circle Thursday at 7:30



Monday - Friday: 7:30 to 10:30 a.m.

Monday - Friday: 10 a.m. to 5 p.m.

Monday - Thursday: 9:30 a.m. to 8 p.m.

Information, Tickets and Travel

Daily: 10:30 a.m. to 2 p.m.

□ 394-4478 or 394-5462

Friday: 9:30 a.m. to 7 p.m.

Friday: "Airplanes" 4 p.m.

Library

Story time



Wednesday and Thursday: 10 a.m. to 7 p.m

Saturday, Sunday and Holidays: Closed

Butler's Barber Shop

☐ 394-4387 Monday - Friday: 9 a.m. to 5 p.m.

Mack's Barber Shop

Monday - Friday: 9 a.m. to 5 p.m.

Monday/Wednesday Friday: 9 a.m. to 5 p.m.

Child Development Center

Monday - Friday: 6:30 a.m. to 5:30 p.m.

Equipment Rental

Friday: 10 a.m. to 5 p.m.





Movies

Tickets are \$2 for adults and \$1.50 for children 12 and younger.

Pope Theater

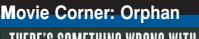
Armistead, Pope

Tonight: Night at the Museum: Battle of the Smithsonian (PG) 7 p.m.

Saturday: Up (PG) 4 p.m.; Harry Potter and the Half Blood Prince (PG) 7 p.m.

Sunday: Transformers: Revenge of the Fallen (PG-13) (PG) 4 p.m.; X-Men Origins: Wolverine (PG-13) 7 p.m.

(Courtesy of www.aafes.com)





The movie, starring Vera Farmiga as Kate Coleman, a recovering alcoholic mother of two, alongside her husband John Coleman played by Peter

hidden secrets vaguely alluded throughout the movie, the audience is left to fit the pieces together as the family gains a new member, a 9-year-old Russian orphan named Esther, played by Ilabelle Fuhrman. Immediately, the family's youngest daughter, Max, played by Aryana Engineer, develops a

The scariest movie to date - 'The Orphan' was a

terrifying mix of suspense, horror and psychotic

teaser all wrapped into one breathtaking, edge of

By 2nd Lt. Cammie Quinn

your seat, white-knuckle thriller.

Sarsgaard, displays a family so real that it hurts. With fondness for Esther as they share playful moments in the family's backyard. The son, Daniel, played by Jimmy Bennett, is slow to warm up however, as Esther takes his place in the sun.

It isn't until Esther's first day of public school that Kate notes Esther's odd behavior. She refuses to wear contemporary clothing and shoots scathing looks at anyone who questions her attire. Accidents seem to follow Esther everywhere she goes, from a schoolmate "slipping" off a slide and breaking her ankle, to a fire set in Daniel's tree house and a car accident resulting in John questioning Kate's commitment to sobriety. As the secrets behind Ester's past are revealed, Kate discovers that while her records can be traced back to the American orphanage, all records of Esther's past life in Russia have disappeared.

The audience is given a terrifying insider's view into Esther's head as her sociopathic tendencies begin to manifest on-screen. It is up to the children and Kate to convince John to rise against Esther before she turns the entire family against each other for her ultimate goal of seduction and sadism.

This movie literally scared the little girl in me. I found myself hiding behind my hands on more than a few occasions and begging my neighbor to the left of me to please "tell me when it's over." 'The Orphan' does not struggle between gratuitous violence and overt gore, but instead shows just enough blood to leave haunting images imprinted in the memories of the audience scary enough to leave the lights on at night—for a few nights, at least.